

Lancashire LGBT Derby House, Lytham Rd Fulwood, Preston, PR2 8JE

www.lancslgbt.org.uk

Training for GP Practices

We offer 2 different training packages:

1) Trans / gender identity awareness (Half-day)

Trans / gender identity awareness is the most popular training we offer. The session is 3 hrs in duration including time for a short break.

At the end of the training, delegates will:

- Understand the spectrum of trans and gender identity and the impact on people's lives as well as accessing services
- Understand when gender identity issues are relevant when working with trans people (and when they may not be)
- Be up-to-date with recent best practice guidelines and protocols for the NHSincluding Royal College of Psychiatrists guidelines, GMC and BMA Guidance, NHS England Interim Gender Dysphoria Guidelines and how they apply to trans people
- Be familiar with referral pathways to Gender Identity Services as well as hormone replacement therapies and routine screening
- Have a clear understanding of the Equality Act and the Gender Recognition Act and how and when they are relevant in your work

This training is CPD accredited



2) Lesbian, gay, bisexual and trans (LGBT) awareness (Half-day)

After training delegates will:

- Understand how to reduce the barriers which LGBT people experience when accessing routine healthcare
- Have a good understanding of the health inequalities and associated risks experienced by LGBT people
- > Know how to support patients accessing gender identity services
- Understand the treatment protocols and routine screening needs of trans people
- Are familiar with best practice guidelines regarding LGBT

patients.

For further information contact:

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"I think that all medical professionals and surgery staff should have an element of LGBT awareness training and this should be delivered as part of a rolling programme of diversity training. I don't think that staff are intentionally inappropriate, but maybe they just don't know the right way to be around LGBT people."

> - LGBT community member responding to Fylde & Wyre CCG Charter of Values project